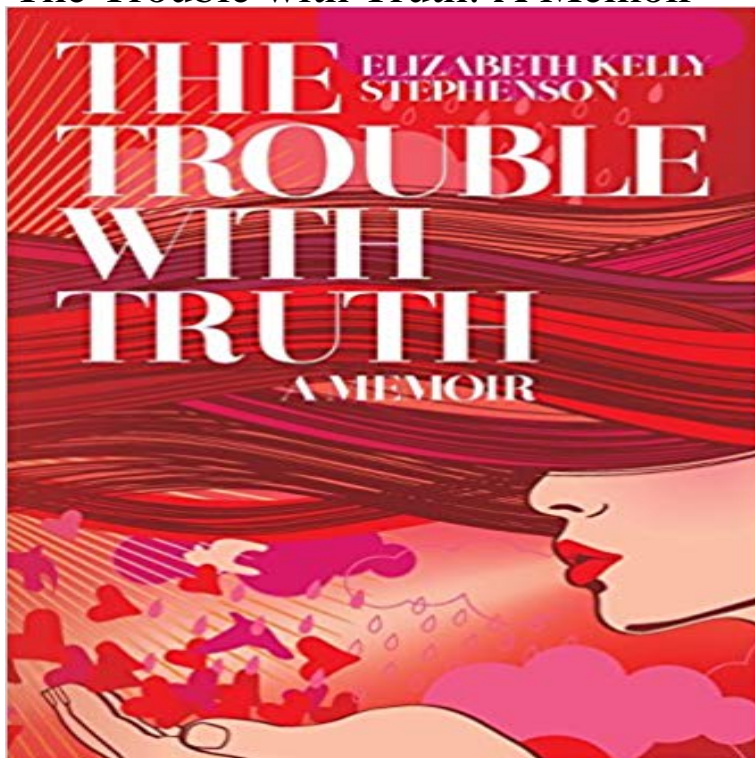


The Trouble with Truth: A Memoir



A riveting, brilliantly written debut memoir, *The Trouble with Truth* is a story of hope and transformation, of family and forgiveness. Beth Kelly feels trapped in a continuous cycle of destructive relationships. First there's Roland, the uncomfortably handsome ski instructor who turns out to be a liar and a drunk, fully capable of threatening Beth with a gun to prevent her from leaving him. Breaking free from Roland after she makes a failed suicide attempt, Beth meets tight-lipped Sam, who is, sadly, Roland redux. Meanwhile, Roland still calls whenever he needs money, twisting Beth's emotions for his own gain. Beth seems doomed to continue making self-destructive choices, both in her relationships and career, until renowned therapist and author Jean C. Jenson (*Reclaiming Your Life*) changes everything. Jenson helps Beth see the world truthfully, a painful process but ultimately one that liberates Beth. As Jean notes, *The truth will set you free. But first it will make you miserable.* Skillfully blending setting, scene, and action with memorable characters, (*The Trouble with Truth*) is a memoir unique in style and scope. A page-turning true story, often darkly comic, Beth shares her tale of family, love, loss, and truth in a clear and compassionate voice. (*The Trouble with Truth*) redefines the meaning of family and everything we've ever been taught to call love. It spotlights the pitfalls of searching for love when you've never been loved and how our self-perceptions color how we love, forgive, and live.

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