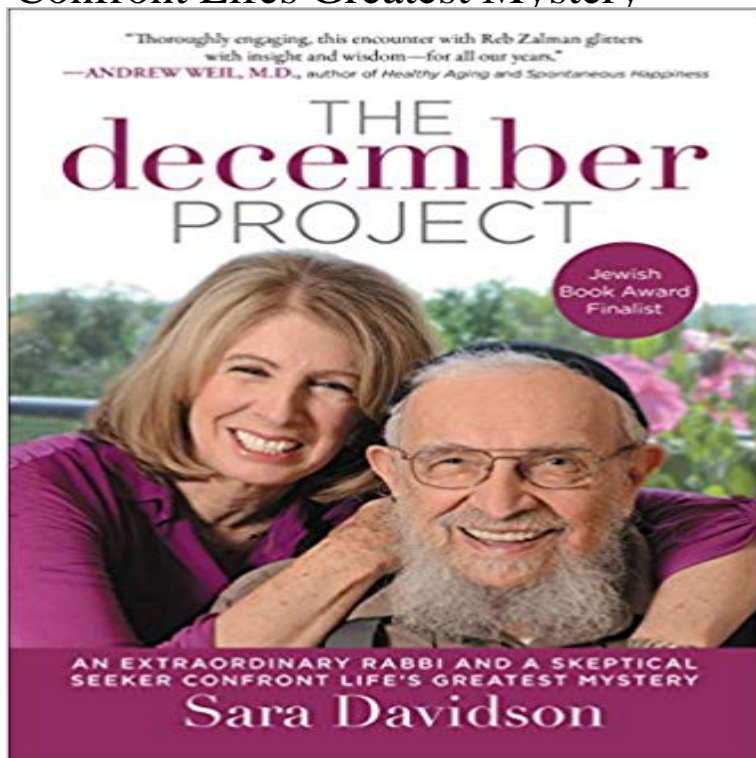


The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Life's Greatest Mystery



A Jewish Book Award Finalist In the tradition of Tuesdays with Morrie and The Last Lecture, New York Times bestselling author Sara Davidson met every Friday with 89-year-old Rabbi Zalman Shachter-Shalomi, the iconic founder of the Jewish Renewal movement, to discuss what he calls The December Project. When you can feel in your cells that you're coming to the end of your tour of duty, he said, what is the spiritual work of this time, and how do we prepare for the mystery? Davidson, who has a seeker's heart and a skeptic's mind, jumped at the chance to spend time with him. She'd long feared that death would be a complete annihilation, while Reb Zalman felt certain that something continues. He said he didn't want to convince her of anything. What I want is to loosen your mind. Through their talks, he wanted to help people not freak out about dying, and enable them to have a more heightened and grateful life. For two years, they met every week, and this is Davidson's memoir of what they learned and how they changed. Interspersed with their talks are sketches from Reb Zalman's extraordinary life. He barely escaped the Nazis, became an Orthodox rabbi in the US, was married four times and had eleven children, one from a sperm donation to a lesbian rabbi, and formed friendships with leaders of other faiths, such as Thomas Merton and the Dalai Lama. Breaking with the Orthodox, he founded the Jewish Renewal Movement to encourage people to have a direct experience of God. During their time together, Davidson was nearly killed by a suicide bomb, and Reb Zalman struggled with a steep decline in health. Together they created strategies to deal with pain and memory loss, and found tools to cultivate simplicity, fearlessness, and joy at any age. Davidson includes twelve exercises so that readers may experience what she did: a sea change in facing what we all must face: mortality.

The December Project: An Extraordinary Rabbi and a Skeptical The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery. by Sara Davidson. On Sale: 14/04/2015. Format: **The December Project: An Extraordinary Rabbi and a Skeptical** Extraordinary Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery Wendy Wilson: Excerpt from The December Project. thanks to Beth White for **The December Project Sara Davidson** 1 day ago The December Project: An Extraordinary Rabbi and a for sale on Trade Me, Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery **The December Project: An Extraordinary Rabbi and a Skeptical** Find out how long youll take to read The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery and 12 million **The December Project : An Extraordinary Rabbi and a Skeptical** A Seekers Guide to Growing Older Robert L. Weber, Ph.D., Carol Orsborn, Ph.D. The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery, by Sara Davidson. conversation about how people can navigate the December of life and to help them not freak out about dying. **Book Excerpt: The December Project by Sara Davidson** **CPR** The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery. BY Sara Davidson. In the tradition of Tuesdays with **The December Project: An Extraordinary Rabbi and a Skeptical** The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery, by Sara Davidson. With interviewer, coach, friend and fellow traveler Sara Davidson, The December Project documents the confrontation, **The December Project: Facing Mortality with Simplicity** The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery [Sara Davidson] on . *FREE* shipping on **An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes** The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery (Hardback) - Common [by Sara Davidson] on **The December Project: An Extraordinary Rabbi and a Skeptical** Best The December Project: An Extraordinary Rabbi And A Skeptical Seeker and a Skeptical Seeker Confront Lifes Greatest Mystery By Sara Davidson ePub. **The December Project: An Extraordinary Rabbi and a Skeptical** The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery - eBook (9780062281760) by Sara Davidson. **The December Project: An Extraordinary Rabbi and a** - Scopri The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes Greatest Mystery di Sara Davidson: spedizione gratuita per i clienti **The Spirituality of Age: A Seekers Guide to Growing Older - Google Books Result** E.b.o.o.k The December Project: An Extraordinary Rabbi and a Skeptical Seeker Confront Lifes. 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