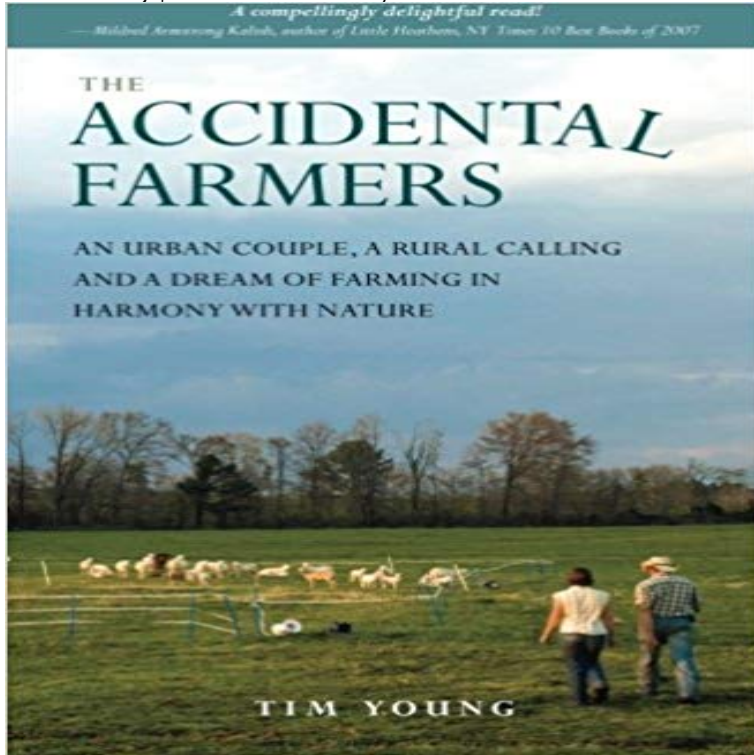


The Accidental Farmers: An urban couple, a rural calling and a dream of farming in harmony with nature



BOOK DESCRIPTION This book is a personal memoir of an urban couple's journey to farming, rather than a how-to guide, and is sure to delight those interested in moving to the country or simply learning more about the struggles of sustainable farming. When Tim and Liz Young decided to leave their comfortable suburban life and become first-time farmers in rural Georgia, they embarked on a journey that would change their lives. *The Accidental Farmers* reveals how the couple learned that hamburgers, bacon, and eggs don't come from the supermarket but from real animals that forge emotional bonds with their human caretakers. Seeking a middle path between a meatless lifestyle and the barbarism of factory food, Tim and Liz created Natures Harmony Farm, a sustainable oasis where rare breed animals and humans live together searching for something nearly lost by both humans and the animals...how to live naturally off the land.

REVIEWS Tim Young has written a maddeningly enchanting description of how he and his wife Liz decided to dump their successful careers in the corporate world and seek a simpler life of organic farming in harmony with nature. With wit, humor and precision, Tim mesmerizes the reader as he and Liz learn how to achieve a life of harmony with the natural world. I promise you a compellingly delightful read. - Mildred Armstrong Kalish - author of *Little Heathens*

Tim and Liz Young describe the many benefits of a return to agrarian life, one of which is a return to vibrant health; because the nutrient-dense meat, fat and organ meats of animals fed on fertile soil is the absolute basis of human health and fertility. In a most compelling way, they present that beautiful equation: healthy soil equals healthy animals equals healthy human beings. - Sally Fallon Morell - author of *Nourishing Traditions* and President of the Weston A. Price Foundation

You may

have successful job or career but perhaps you are bored to death with it now and looking for something more challenging. If you have always been attracted to rural life, this book is made for you! Tim and Liz Young recount the joys and sorrows along with the victories and defeats of finding success in one of the most challenging professions; not just farming but also farming a totally natural way. I particularly recommend their thoughts on the dark side of farming and Tims very well reasoned discussion of what financial profit means in farming. - Gene Logsdon - author of The Contrary Farmer

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